



Discipleship Bands Training

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Friday, 12 August 2022, Plaza Hall
Wesley Methodist Church

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Growing Groups that Bear Lasting Fruit

AGENDA

1. Why?
2. Marks of Maturity
3. How?
4. What?
5. The 4 Stages of a Band's Journey
6. Coordinators are Key
7. Band Formation Process - Eric Chiam

It's not this...



Growing Groups that Bear Lasting Fruit

Discipleship Bands

A "Discipleship Band" is a group of three or four people, who meet over a **meal**, to **share** and **pray** together to **become the love of God for one another and the world.**



A. Why?

1. The **Goal** of our Salvation (Romans 8:28-30)
2. Paul's **Mission Statement** (Colossians 1:28-29; Galatians 4:19)
3. Jesus's **Commission** (Matthew 28:16-20)



B. Marks of Maturity

1. Abide in **Christ** (John 15:4)
2. **Love** one another (John 15:12-13)
3. **Bear fruit** that lasts (John 15:16)



C. How?

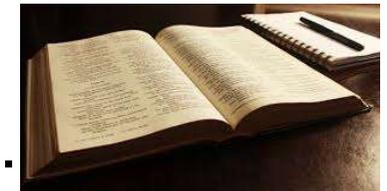
1. God's Spirit (2 Corinthians 3:12-18)

- God Himself indwells us to empower us to be Christlike.



2. God's Word (2 Timothy 3:16-17)

- God speaks to us to teach us what it means to be Christlike.



3. God's People (2 Timothy 3:10-17)

- God guides us on the journey to maturity through His people



D. What?

1. Definition of spiritual mentoring

- “Spiritual mentoring is an intentional, relational process for spiritual formation by which one person becomes a spiritual guide for one or several others.”
- Discipleship bands provide the context for growing as a disciple by providing a mentoring community and a mentoring guide.



D. What?

2. Three directions of mentoring

2.1 Upward

2.2 Peer

2.3 Downward



D. What?



3. Friendship Mentoring

An approach to mentoring where mentor and mentoree(s) are first and foremost friends.

While the mentor may start out as the primary guide, the relationship grows into one where there is mutual guidance as all seek to help each other grow in Christlikeness with the help of their common friend, Jesus.

E. 4 Stages of a Band's Journey



1. Get to know each other

2. Agree on the details of the journey

3. Walk together

4. End well



F. Coordinators are **Key**

Basic Qualities

- 1.1 Take Responsibility for the life of the Discipleship Band
- 1.2 Respect for the Leadership of Wesley MC
- 1.3 Respect for the theological convictions at Wesley MC

